



**Bacon's College**  
The best in everyone™  
Part of United Learning

8<sup>th</sup> July 2024

Dear Parents and Carers,

**Year 10 Relationships and Sex Education (RSE) drop down**

On the 12<sup>th</sup> of July, Friday, all Year 10 students will have a drop down for Relationships and Sex Education. This will be delivered by their PSHE teachers in line with the most recent statutory changes to RSE delivery in the UK.

All content covered is carefully devised by our PSHE team and comprises a combination of in-house resources and thoroughly vetted external resources. The content covered will broadly include:

- Relationships and Consent – Developing understandings of what healthy relationships look like; being comfortable with your own decisions and respecting other people's decisions
- Sex and the law – Providing up-to-date information on the law with regards to young people and sex
- Contraception – the effectiveness, advantages and disadvantages of different types of contraception
- Sexually Transmitted Infections – What they are, dispelling myths and how to stay safe
- Pregnancy and Menopause - The experience and perspective of a woman through pregnancy and menopause.

If you would like any further details about this programme, or would like to discuss withdrawal from the drop down, please contact Cherian Mathan at [c.mathan@baconscollege.co.uk](mailto:c.mathan@baconscollege.co.uk)

Yours sincerely,

**Cherian Mathan**  
**PSHE Curriculum Lead**



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